

Mental Elf

Festive Fun Run

Sunday 6th December 2026

Run starts at 11:00am

at Sherwood Pines, Edwinstowe,
NG21 9JL

[www.nottinghamshiremind.org.uk/
mental-elf-2026](http://www.nottinghamshiremind.org.uk/mental-elf-2026)
Registered charity number: 1180346

Join our
team!



Volunteer Roles

Thank you for considering volunteering at Nottinghamshire Mind's Mental Elf event, taking place on Sunday 6th December at Sherwood Pines Forest Park, Edwinstowe NG21 9JL
A brief description of each role is below.

Event Village Set-up/Take-down

Time: 8am-1:30pm (8am-11am set-up, 12:30pm-1:30pm take-down)

Role and Responsibilities

- Carry resources into event village
- Hang decorations and signage in the event village
- Put up banners
- Set-up registration/information/fundraising tables
- Set-up finish line area
- Prepare areas for first aid/entertainment
- Dismantle and put away afterwards
- Carry and use event radio for communication

Registration/Goody Bags/Medals/Prize Spotter

Time: 9:30am-1pm (9:30am-11am registration, 11:15am-1pm goody bags/medals/prize spotter)

Role and Responsibilities

- Give out registration packs to runners
- Direct runners to start line
- Answer queries
- Give out goody bags/medals at finish line
- Note race numbers for spot prizes (first finisher and best dressed)
- Carry and use event radio for communication

Marshal/Route Cheer Crew

Time: 9am-1pm

Role and Responsibilities

- Stand at given point on route
- Look out for cyclists approaching from cycle routes and ask runners to stop
- Keep runners and members of the public safe
- Report any accidents/first aid requirements immediately
- Cheer on runners and shout encouragement as they pass (high 5s, singing and dancing are allowed!)
- Collect in event decorations/signage from route
- Carry and use event radio for communication

Fundraising Games/Merch Sales/Leaflets/Information

Time: 9:30am-1pm

Role and Responsibilities

- Encourage visitors to try the fundraising games
- Sell merchandise
- Handle cash and use Sum-Up device for card payments (training will be given)
- Give information about our services
- Replenish leaflets on display
- Carry and use event radio for communication
- ***You need to be comfortable approaching and talking to members of the public***

Tailwalker

Time: 10:30am-1pm

Role and Responsibilities

- Walk the course, staying behind the last participant
- Keep runners and members of the public safe
- Report any accidents/first aid requirements immediately
- Encourage children/those struggling to keep going (high 5s, dancing, skipping, singing, talking etc.)
- Collect in event decorations/signage from route
- Carry and use event radio for communication

Bucket Collector

Time: 10am-1pm

Role and Responsibilities

- Stand in main event area with collection bucket taking donations
- Encourage those with no cash to use the QR code instead
- Encourage people to visit the tables in the event village
- Answer questions

Finish Line Cheer Crew

Time: 10:45am-1pm

Role and Responsibilities

- Hold ribbon for first finisher
- Cheer on runners and shout encouragement as they approach the finish line (high 5s, singing and dancing are allowed!)
- Direct runners to collect medals and goody bags
- Carry and use event radio for communication

Sign-up for a volunteer role using this link

Although it's not a requirement, we would encourage our volunteers to join in with the spirit of the event and wear fancy dress.

Any questions, please contact

fundraising@nottinghamshiremind.org.uk



www.nottinghamshiremind.org.uk/mental-elf-2026
e: fundraising@nottinghamshiremind.org.uk

Registered Charity Number 1180346
6 Hardy Street, Worksop S80 1EH